

MENU 2019



Week 1

Week commencing: 23/09/2019

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato, Olives Basil Spaghetti Pasta, Broccoli	Chicken Korma with Rice and Green Beans	Chicken Nuggets, Wholegrain Rice Garden Peas	Beef Penne Bolognese, Wholegrain Bread, Carrots	Cod Fish Fingers with Potatoes, Baked Beans
	Chickpeas and Spinach Curry with Rice and Green Beans	Quorn Nuggets, Wholegrain Rice, Garden Peas	Creamy Tomato Penne, Wholegrain Bread, Carrots	Vegetarian Sausage Potatoes and Baked Beans
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit, Natural Yogurt	Yogurt with Granola and Fruit	Fresh Fruit	Fruit Salad, Cheese and Cracker	Yogurt with Granola and Fruit

Week 2

Week commencing: 30/09/2019

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Basil Penne Pasta, Green Beans	Pork Hot Dog, Herby Potatoes, Garden Peas	Turkey Schnitzel Baby Potatoes, Carrots	Beef Burger in a Bun, Corn on the Cob	Fish Fingers with Potatoes, Baked Beans
	Quorn Hot Dog with Herby Potatoes, Garden Peas	Jacket Potatoes with Baked Beans and Cheese	Vegetarian Burger in a Bun, Corn on the Cob	Vegan Fish Fingers, Potatoes, Baked Beans
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit, Natural Yogurt	Yogurt with Granola and Fruit	Fresh Fruit	Fruit Salad, Cheese and Cracker	Yogurt with Granola and Fruit

Week 3

Week commencing: 07/10/2019

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and Basil Penne Pasta, Broccoli	Chicken Tikka Masala, Rice, Green Beans	Ham and Cheese Pizza, Corn on the Cob	Cheese Sausage Penne Pasta, Garden Peas	Cod Fish Fingers with Potatoes Baked Beans
	Sweet Potatoes and Spinach Curry, Rice	Margarita Pizza, Corn on the Cob	Macaroni and Cheese, Garden Peas	Vegetarian Sausage with Baked Potatoes
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit, Natural Yogurt	Yogurt with Granola and Fruit	Fresh Fruit	Fruit Salad, Cheese and Cracker	Yogurt with Granola and Fruit

Vegetarian option

AVAILABLE DAILY: Salad bar (tomatoes, cucumber, lettuce, carrot sticks, olives, peppers, sweetcorn), Fruit slice (melon, watermelon, orange, banana, apple), Fruit salad (blueberry, raspberry, grapes, mandarins, peach), Fresh milk with biscuits, Seasonal Vegetables, Yeo® organic yoghurt, Cheese & Crackers